
Comprehensive Annual & Total Check up for Healthy Sikkim (CATCH)

The Comprehensive Annual & Total Check up for Healthy Sikkim or CATCH was formally inaugurated by the Hon'ble Chief Minister Dr. Pawan Chamling in a function held in Gangtok on **August 26, 2010**.

Launched by the State Health Department and a first of its kind in India CATCH Aims to make Sikkim, one of the healthiest States of India by 2015. The primary goal of the programme is to provide systematic and comprehensive health checkup to all citizens of Sikkim on an annual basis. Doing so will enable them to maintain good health, detect potential risk factors and diseases in their early stages, and provide curative and rehabilitative health care.

Doctors, technicians and staff from the Health Department, assisted by the local youth carry out the health check-up. CATCH is an extremely beneficial scheme launched by the Chief Minister especially for BPL families and senior citizens who are not able to travel long distances for treatment.
