

Governor calls on various dignitaries at New Delhi

Valedictory function of Monastic and Sanskrit Pathshala Teachers



Vice President of India Mr. M. Venkaiah Naidu and Union Home Minister Mr. Amit Shah with Governor Mr. Ganga Prasad in New Delhi.

New Delhi, February 11: Continuing with the series of engagements in New Delhi, the Governor, Mr. Ganga Prasad called on the Vice President of India Mr. M. Venkaiah Naidu at his office and extended invitation to him to visit Sikkim. The Vice President expressed his pleasure to receive the invitation and conveyed his desire to visit the State at the earliest possible date.

Later, Governor called on Union Home Minister Mr. Amit Shah and apprised him of the issues and concerns of the State. He also sought Union Minister's personal intervention towards resolving several pending issues.

On February 10, the Governor also made a courtesy call to Union Minister of Defence Mr. Rajnath Singh at his office in South Block, New Delhi. Several security and border related issues were discussed during the brief meeting.

Orientation and sensitization programme on Pariksha Parv 2020 held

Gangtok, February 12: The state level orientation and sensitization programme on "Pariksha Parv" 2020 for school heads, District





Minister Mr. Sonam Lama presenting certificates during the valedictory function of Monastic and Sanskrit Pathshala Teachers Training and Orientation Programme at Janta Bhawan.

Gangtok, Feburary 12:A Valedictory function of three day Monastic and Sanskrit Pathshala Teachers Training and Orientation Programme which started from Feburary 10 till Feburary 12 was held at Janta Bhawan, today. Minister for Ecclesiastical Affairs Department, Mr. Sonam Lama was present as the chief guest.

Secretary of Ecclesiastical Department, Mr. S.T. Tamang; Additional Secretary, (Ecclesiastical Deptt.) Mrs. Kunchok Doma; Joint Director (Ecclesiastical Deptt.), Mr. Tenzing Gelak; Deputy Secretary (Ecclesiastical Deptt.) Mrs. Chunki Lhamu; OSD, (Ecclesiastical Deptt) Mr. Kita Sherpa and others were present. The chief guest in his address, said that the Dharmic/ Sanskrit traditions have lived together in peace and mutual respect sharing a common culture and aspiration to the highest truth. He stated that teaching is not an isolated work and the profession demands co-creation, planning, monitoring and working together. He said that dharmic education is essential to peace and understanding for all humanity and teaching is not only an academic study and research but a part of daily Sadhana and

spiritual practice.

Further he stated that Dharmic/Sanskrit education makes life and universe possible and includes duties, rights, laws, conduct, virtues and right way of living and the spirit of teaching must remain alive in the minds and hearts of teachers and students not only at personal level but also at an intellectual level.

The Minister spoke about various issues and points whereby he also encouraged each and everyone to contribute so that they are recognized with a State Award or at a National level. He also mentioned that Monastic and Sanskrit Pathshala will be treated equally like any other Academic Studies and also announced that Retired Teachers will be treated with Golden Handshake. Lastly, he also mentioned about the Sikkim Guest House at Bodh Gaya (Bihar) and mentioned about the land belonging to Sikkim Government which he assured will be put to proper use under his tenure. The Resource person of the three day Monastic and Sanskrit Pathshala Teachers Training/ Orientation Programme were,

Institute of Education and Training (DIET) Principals was held at the Conference Hall of Social Justice and Welfare Department which was organised by Sikkim Commission for Protection of Child Rights (SCPCR) under Social Justice and Welfare Department.

"Pariksha Parv" is a monthlong campaign during the exam period from February to March 2020. The aim of the programme is to create sensitization on the issue of stress among students due to exams and also an initiative to help in removing the stigma attached to counselling and promote positive perception.

The programme had the presence of Chairperson, SCPCR, Mrs. Dikila Bhutia, Secretary, Social Justice and Welfare Department, Mr. H.K. Chettri, Member Secretary (SCPCR) Mr. N.T Bhutia, Joint Commissioner, Mr. M.B. Chettri, Chairperson, SCPCR, Mrs. Dikila Bhutia, Secretary, Social Justice and Welfare Department, Mr. H.K. Chettri, Member Secretary (SCPCR) Mr. N.T Bhutia and other dignitaries during the state level orientation and sensitization programme on "Pariksha Parv" 2020.

Clinical Psychologist, Dr. Sonam Ongmu Lassopa, Senior Technical Expert, Mr. Paresh Shah.

At the onset of the

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Pearls of Wisdom

"Knowing is not enough; we must apply. Wishing is not enough; we must do."

– Johann Wolfgang Von Goethe

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programme, Chairperson, SCPCR,

Mrs. Dikila Bhutia highlighted on

District Diary

Sensitization meeting for KCC Loan to PM-KISAN beneficiaries at Mangan

Mangan, February 12:A sensitization meeting for dissemination of Kishan Credit Card (KCC) Loan to all PM-KISAN beneficiaries was held under the chairmanship of District Magistrate (North), Mr. Tenzing T. Kaleon at DC's Conference Hall, today.

The meeting was attended amongst other by the Lead District Manager, State Bank of India, Mr. Gopal Lama, Additional Director, Agriculture Department, Mr. B. D. Rai, Additional Director, Animal Husbandry, Mr. Karma Tenzing Zongtenpa, Deputy Director, Horticulture Department, Mr. Rinzing Wangyal, Manager, NABARD, Mr. Avijeet Murmu and Staff Officer, SISCO, Mr. Bikash Gurung. During the meeting, Mr. Gopal Lama informed that a special drive has been initiated by the Government to facilitate universal access to concessional institutional credit for all PM-KISAN beneficiaries. All PM-KISAN beneficiaries will be facilitated for issue of KCC to the benefit of Concessional Institutional Credit.

Mr. Lama informed that all charges including the processing, documentation, inspection and ledger folio charges as well as other service charges for KCC loans upto ₹3 lakhs have been waived. All PM-KISAN beneficiaries have been auto approved for KCC and require to simply visit the nearest bank branch with a copy of land document and detail of crop sown along with the filled up one page form for availing the benefit.

It was also informed that the benefit has now been extended to eligible Animal Husbandry and Fisheries farmers those farmers who are KCC holders. Further, the scheme includes SMS service to all PM-KISAN beneficiaries from PM-KISAN portal to visit the concerned bank branch for getting the KCC benefit.

DM, Mr. Kaleon directed the Agriculture and line department to disseminate the information to all eligible farmers of the district so that the farmers may avail of the opportunity and take advantage of KCC loan.

IPR Minister visits Rangsang Dobaan areas of West Sikkim

Gyalshing, February 11: The Minister-cum-Area MLA of Gyalshing Bermiok Constituency Mr. Lok Nath Sharma along with the officials of lines department and public jointly visited the Rangsang Dobaan area of Lower Bermiok, West Sikkim to examine and address the greivences and issues partaining to the construction of bridge that connects Bermiok with Gyalshing.

Minister Mr. Sharma examined the ongoing construction of bridge minutely and the new road connectivity and further urged the concerned officials to sort out the issues related to work progress and resolve it at the earliest to ensure smooth progress of ongoing developmental work.

Minister Sharma urged public to co-operate for the completion ongoing construction work and asked the officials to address public grievances after technical assessment. He also shared the vision of the Chief Minister of Sikkim to ensure development with utmost care and protection of the environment. Further, he shared about the future roadmap of developmental work to introduce industries in the area and to provide employment opportunities and wide scope of income generation for the locals.

Present during the visit were Addl. Chief Engineer, PWD, Mr. Thupden Bhutia; AE, PWD, Mr. D. B. Gurung; AE, PWD, Pradip Limboo; BDO, Hee-Martam Mrs. Pratiba Tamang; concerned officials, land owners of the area and others.

Aadhaar enrollment center inaugurated

Gyalshing, February 10: With an aim to provide Aadhaar related services like new Aadhaar enrollment, child enrollment, enrollment of students and Aadhaar updation services to the public of Soreng Sub-division, permanent Aadhaar enrollment center was established by DESM&E at Soreng Sub-Divisional Magistrate office complex, today.

The Aadhaar enrollment center was inaugurated by Minister Power & Labour Department, Mr. Mingma Norbu Sherpa in the presence of MLA -Soreng Chakung Constituency, Mr. Aditya Golay.

With the establishment of the Aadhaar center, the public of Daramdin, Soreng-Chakung and Rinchenpong Constituencies can now easily avail Aadhaar services for which they had to earlier go to DESM&E office Gyalshing. Department in his address thanked DESM&E- the UID Nodal Department-cum-Registrar for establishment of the center. He said that public of Soreng and adjoining areas will benefit from this initiative of the Government as Aadhaar has now become an integral part of governance and for availing schemes and services.

Mr. Aditya Golay emphasized that it is a policy of the present Government to make vital services easily accessible to the rural people.

He also stressed on the need to boost the child enrollment below the age of fifteen years and directed the local administration to undertake special drive to enroll students.

The enrollment center was established by DESM&E in collaboration with Education Department, Soreng and Soreng Sub-Divisional Magistrate office.

The Minister for Power

Orientation and...

Contd. from front page

the decreasing trend of enrolment of the students in schools. She urged the gathering to encourage enrolment and also to be accountable of the children especially falling in the age category of 6-14 years. She further mentioned that the children living with their relatives should be given special care and attention to curb the threat of suicides due to exam anxiety.

Secretary, Mr. H.K. Chettri stated that the campaign is initiated by the Prime Minister of India towards changing the outlook of children towards exams and making it a joyful activity. He also highlighted that the campaign will entail Live Streaming of Q & A

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Valedictory function...

Assistant Prof. Government Sanskrit College, Samdong, Khem Lall Sharma; Assistant Prof. Satiya, Government Sanskrit College, Samdong Mr. Padam Bahadur (Bhutia). Sharma, Senior Lecturer, DIET, Gangtok; Ms.Tenzing Choden Bhutia, PGT English and Ms.Tenzing Uden Bhutia, PGT

Session with renowned experts, psychologists; Counsellors through Facebook/Twitter/ Youtube to enable students to interact with experts and to reduce their exam stress.

Senior Technical Expert, Mr. Paresh Shah highlighted on the objective of Pariksha Parva. He presented a background on the activities undertaken under Pariksha Parva and briefly spoke on the functions of National Commission for Protection of Child Rights (NCPCR) and SCPCR at length.

Clinical Psychologist, Dr. Sonam Ongmu Lassopa spoke on understanding and helping students deal with exam stress. Joint Commissioner, (Technical-Disability), Dr. M. Chettri briefed on understanding of child psychology and support.

Poudeli; Mr. Karma Tashi Bhutia (PGT Bhutia), Legship Senior Secondary School; Assistant Prof. SIHNS (Sheda) Pangthang Taktse, Mr. Neydup Bhutia; Ms. Geeta Sharma, Senior Lecturer, DIET, Gangtok: Ms.Tenzing Choden

Road Safety Awareness Week and workshop held at Gyalshing

Gyalshing, February 10: The Road Safety Awareness Week and workshop on theme "Sadak Suraksha Jeewan Raksha" was held at Gyalshing Community Hall, today. The programme was conducted by Road Safety Cell, Motor Vehicle Division Gangtok in co-ordination with District Office under the guidance of State Nodal officer, Mr. K.S Gurung.

The programme was conducted to create awareness on Road Safety, Motor Vehicle of road fatalities is seen and thus, Road Safety is an important concern of the Government, he said.

The ASP(west) highlighted few major points where one can prevent road accidents. One being the usage of mobile phones while driving which has been a major cause of road accidents and hence should be avoided.

RTO Mr. K.S. Gurung informed the house about the mandatory fitment of speed governors/speed limiting device in goods carrier vehicle and transport vehicles to overcome the over speeding menace keeping in view the provision and guidelines prescribed by the Ministry of Road Transport and Highways (MoRTH). guidelines on behalf of the Supreme Court of India wherein Accidental Victims shall be immediately taken to the nearest hospital by any public without any fear of harassment in police stations and courts.

Representing the medical aspect the Medical Expert from Gyalshing Hospital briefed about the golden hour and first aid to the house. The programme also included the legal opinion on insurance and its relevance in connection to road traffic

Acts and Rules and Good Samaritan as per the latest direction of Ministry of Road Transport and Highways.

In his address Mr. Neopaney asserted on the theme and how there is a need for strengthening and effective implementation of Road Safety. In recent times, the alarming rise

The nodal officer briefed about the Good Samaritans

accidents and claims.

The programme was attended by Gyalshing Municipal Council Chairman, Mr. I.K. Neopaney as the chief guest, Secretary, Transport Authority, Mr. Karma Namgyal Bhutia, ASP (West) Mr. Nakhul Pradhan and other dignitaries.

IPR Minister visits School and Stockman Center at Berthang

Gyalshing, February 12: Minister-cum-Area MLA of Gyalshing Bermiok Constituency Mr. Lok Nath Sharma visited the Government Secondary School Lower Bermiok at Raatomatey and a Stockman Centre of Animal Husbandry and Veterinary Services at Berthang, West Sikkim, today.

During the visit, Minister Mr. Sharma took stock on the progress of ongoing construction of additional infrastructure of the Lower Bermiok school. He also interacted with all concerned and asked to maintain quality works. He also interacted with the school staff and discussed on various initiatives of the state government and also assured to resolve pending issues.

While addressing the students, Minister articulated on importance of acquiring education to achieve a targeted goal in life and encouraged them

to be more determined and competitive.

Thereafter, Minister Mr. Sharma visited the Stockman Centre of AH&VS at Berthang wherein he interacted with the staff and urged them to extend best level of services. He also enquired availability of medicines and motivated them to deliver required services on time to save animal lives on which the income of farmer depends. Office of the Superintending Engineer Water Resources & River Development Department, Government of Sikkim Bid No: NHP-04 Online Tender-01 of 2019-20. E-Procurement Notice Assignment Title: "Hiring of agency for providing services of technical experts/ Incremental Staff for the SPMU Office.

The Superintending Engineer, State Project Monitoring Unit, Water Resources and River Development Department, Government of Sikkim, invites eligible registered Suppliers to indicate their interest in providing the above Services. Complete details are available in the website http://sikkimtender.gov.in.

> Superintending Engineer, NHP, SPMU, Sokeythang, Tadong East Sikkim-737 102 E-Mail: sikkimwrd@gmail.com. R.O. No.359/IPR/PUB/Classi/19-20, Dt:10/02/2020

SIKKIM HERALD

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Office of the Joint Registrar (W), **Government of Sikkim Department of Cooperation** West Sikkim,737111 Memo No: 834/JRCS/COOP/W. Dated:05.02.2020 NOTICE As per power Confer upon me under the provision of Rule 71 and Sub rule (1) and (2) of Sikkim Cooperative Societies Rule 1981, It is hereby informed to all concerns that the Liquidation proceeding is initiated against the following Societies: **Registration No** SI. Name of Society No GOS/COOP/2010-11/115/JRCS (W) of Thingling Khechuperi Registered 01 Contractors Cooperative Society Ltd Dated: 27.04.2010. Lower Bhaluthang Ward No 6 Registered GOS/COOP/2011-12/424/JRCS(W) of 02 Contractors Cooperative Society Ltd. Dated: 19.03.2011 GOS/COOP/2010-11/387/JRCS (W) of 03 Upper & Lower Onglop Ward No 3 & 4 **Registered Contractors Cooperative** Dated: 02.02.2011. Society Ltd. Upper Labdang, Middle Labdang, & GOS/COOP/2010-11/366/JRCS (W) of 04 Lower Labdang Registered Contractors Dated: 11.01.2011. Cooperative Society Ltd. Lingey Sopakha Ward No 6 Educated GOS/COOP/2010-11/644/JRCS(W) of 05 Unemployed Cooperative Society Ltd Dated: 11.06.2012

Hence, all the stake holders including members, debtors, creditors, nominees, heirs and legal representatives of the deceased members are hereby informed to submit their claim in respect of above mentioned Cooperative Societies Ltd within two months of publication of the notice to the designated Liquidator at the Cooperation Department Gyalshing West District.

R.O. No.362/IPR/PUB/Classi/19-20, Dt:11/02/2020

Palden Bhutia ARCS-Liquidator Department of cooperation Gyalshing, west Sikkim

Education Department Government of Sikkim Namchi, South District

hrddsouthsikkim@gmail.com Ref. No: 503/SS/HRDD/S.

Dated: 11/02/20

Applications (in prescribed format) from interested and eligible candidates are invited for filling up of following posts on purely ad-hoc basis on consolidated salary, under Education Department, South District, Namchi. The term of appointment will be for an academic session 2020 for PRTs & GTs and for the post of PGTs it will be upto 31st March 2021:

WALK IN INTERVIEW

	POST GRADUATE TEAC			Instead of starchy foods, choose wholegrain variants which
SI.	Name of Post	Eligibility Criteria	Salary	contain more fibre, and keep you feeling full.
No.	Name of Fost		Salary	Feel like snacking in the middle of the day? Stock up on nu
1	English	1. Applicant should possess COI/SSC and		and seeds or citrus fruits that are known to cure fatigue ar
2	Nepali	preferably be resident of South District.		stimulate alertness.
3	Hindi	2. Should have master degree in given subject	₹25,000/-	
4	Commerce	with minimum 50% marks (45% for Scheduled	per month	To keep your energy up and your metabolism on overdrive, e
5	History	category) from any UGC recognized university.	(Consolidated)	breakfast and smaller meals throughout the day, rather than
6	Geography	Priority will be given to B.Ed. candidate.	(Conconductor)	big meals.
7	Sociology	However, candidates without having B.Ed. may		Have sufficient liquids through the day to avoid dehydration.
8	Economics	also apply.		Avoid processed or packaged foods that contain too much suga
9	Political Science			Excess sugar has been linked to energy spikes followed by
10	Biology	-		
11	Chemistry	-		crash, while too much salt can lead to high blood pressure ar
12	Physics	7		an increased risk of strokes and heart disease.
13	Mathematics	-		Sleep is Important
II.	GRADUATE TEACHER			Finding it difficult to get a good night's sleep? Sleep deprivation
		1. Applicant should possess COI/SSC and		can lead to fatigue, confusion, memory lapses and irritability.
1	Graduate Teacher	preferably be resident of South District.		To get a restful sleep:
	(Arts)	2. Should have graduate degree in given	₹18,000/-	
		subject with minimum 50% marks (45% for	per month	Create a sleep schedule and stick to it. Reading a boo
		Scheduled category) from any UGC recognized	(Consolidated)	listening to relaxing music, or taking a warm shower can help
2	Graduate Teacher	university. Priority will be given to B.Ed.	(/	relaxing your body.
_	(Science)	candidates.		Avoid watching TV or surfing on your mobile as this can interfe
	()	3. Preference will be given STET/TET Passed		with your sleep.
		candidate.		
		4. However, candidate having B.Ed. degree only		Pay attention to what you eat and drink. Going to bed hung
3	Graduate Teacher	can apply for GT (Arts) and GT (Science)		or stuffing yourself too much can cause discomfort and kee
	(Maths)	respectively. For Graduate Teacher (Maths)		you awake.
		candidates without having B.Ed. degree may		Focus on Deep Breathing
		also apply.		When you are trying to juggle multiple things at a time, you a
III.	PRIMARY TEACHER			bound to be stressed.
		1. Applicant should possess COI/SSC and		
		preferably be resident of South District.	₹15,000/-	Five to ten minutes of deep breathing can help in relaxing yo
1.	Primary Teacher	2. Should have Class XII pass with minimum 50%	per month	and reducing anxiety.
		marks (45% for Scheduled category) from any	(Consolidated)	You can also close your eyes and focus on relaxing and tensir
		recognized board. Priority will be given to	. , ,	leach muscle group while taking deep, slow breaths. The be
		D.EI.Ed./TET passed candidates.		part about this is that you can do it any time, at home, workplac
Sou	th Sikkim from 14th Febru	bed format) are made available at District Education Of Jary 2020 during office hour.	fice, Namchi	or even on the road.
		application form is: 21 st February 2020.		
* The date for walk in interview for the post of Primary Teachers and PGTs will be on: 23rd February 2020 and for GTs , it will be on 24th February 2020 .				READ AND ADVERTISE
		Education Office, Namchi South Sikkim	III IN	
^ T ir	me: 10:00 am onwards.			
			In the Direct	SIKKIM HERALD
			Joint Director	
	. NO.300/IPK/PUB/Class	si/19-20(ii), Dt:13/02/2020 Education D	epartment/South	

PHONE: SECRETARY: 202726 Office : 202900 FAX: 03592-205087 GANGTOK (SIKKIM) **Urban Development & Housing Department** Government of Sikkim No.S(138)GOS/SAN/15/UD & HD /7308 Dated:12/12/20 NOTICE INVITING TENDER

This is for information of all concerned that sealed tenders are invited from individual/registered Organisations for the award of Bazaar contract and Car Parking contract for the Bazaars of Pakyong, Rhenock, Rongli, Melli and Ravangla for the financial year 2020-2021

The tender documents can be obtained from the office of the Bazaar Officer, Urban Development Department, Gangtok on all working days from 11.00 A.M to 3.00 P.M on payment of prescribed fee of ₹500/-

1. Date of Issue of forms - 25.02.2020 to 04.03.2020 2. Date for submission of sealed tender forms - 26.02.2020 to

05.03.2020 from 11.00 am to 3.00 pm.

3. Date of Opening of Sealed tender - 05.03.2020 at 3:30 pm

Bazaar Officer Urban Development & Housing Department Government of Sikkim R.O. No.365/IPR/PUB/Classi/19-20, Dt:13/02/2020

Health Tips

Integrate Activity into Your Everyday Life

Vigorous exercise is important. However, if your hectic schedule leaves you with no time to hit the gym, you can try integrating some activity in the course of the day for increasing your productivity and staying fit.

Take a walk when you are conversing on the phone.

Instead of the lift, take the stairs.

Take short breaks and step away from workstation.

Workouts at home, such as sit-ups, push-ups, crunches, lunges and squats, keep you in shape.

Eat Healthy and On Time

Foods which are low in nutritional value and have too many calories can pose serious health problems, including weight gain, cardiovascular problems and diabetes. It is important to stick to a healthy diet and a strict routine.

Instead of starchy foods, choose wholegrain variants which

briefed about the funding position

of SICUN. He announced that

SICUN will soon be coming up with

awareness programme in all the

four districts so that people will be

aware about fundamentals of

co-operative and business

taking co-operative movement

very seriously in the state.

Further, he emphasized on

development.

Board meeting of SICUN held



Gangtok, February 11: The 48th Board meeting of Sikkim State Co-operative Union (SICUN) was held today at the Conference Hall of Union Building,Assam Lingzey with the objective to stimulate co-operative movement in the state.

The meeting was chaired by Chairman, SICUN Mr. L.P. Kafley and was also attended by the Board of Directors, CEO Mr. Karma G. Bhutia, Executive Officer, Mr. Phadung Bhutia, representatives from concerned Departments and Members of SICUN.

The main agenda of the meeting was to strengthen co-operative movement by discussing core issues. The meeting discussed in length on the agenda of creating a congenial environment to encourage co-operative movement in the State.

Chairman Mr. L.P. Kafley



What is Novel Coronavirus - nCoV?

The Novel Coronavirus (nCoV) is new strain of Coronavirus that originated in Wuhan, China. Notorious for mutating quickly and acquiring new qualities,it is a rising epidemic that was previously not identified in humans.

DEPARTMENT OF HEALTH & FAMILY WELFARE

GOVERNMENT OF SIKKIM

Symptoms of nCoV

- Fever
- Difficulty in breathing
- Dry Cough
- Severe acute respiratory syndrome
- Pneumonia like symptoms

Precautions to Prevent nCoV

- Wash your hands often with soap.
- Use an alcohol based hand sanitizer
- Observe good personal hygiene.
- Avoid touching your face with unwashed hands.
- Avoid contact with people with possible symptoms.
- Avoid contact with animals and consumption of undercooked meats.

Advisor Excise Deptt. takes charge of office

Gangtok, February 11: MLA (Namcheybong)-cum-Advisor, Excise Department, Mr. Em Prasad Sharma took over his office at State Guest House below TNA, today.

The Secretary, Excise along with the officials welcomed Mr. Em Prasad Sharma to his new office which was later followed by general meeting with the officials chaired by the Advisor.

The Secretary appraised the

Advisor regarding various issues pertaining to the department.

The Advisor also shared his experiences regarding good governance and best practices which can be adopted for efficient and smooth functioning of the department.

Further, Mr. Sharma solicited co-operation from the officials and assured his full support for future endeavours.

Culture Deptt. organises Border Area Programme

Gangtok, February 12: The North East Zone Cultural Centre, Dimapur, Ministry of Culture, Government of India, in collaboration with Culture Department, Government of Sikkim organized a two day Border Area Programme (Indo -China Border) -Sikkim 2020 i.e. February 12-13 at Kupup and Gnathang East Sikkim. Garrison liaison Officer, Mr. T.J. Singh was the chief guest and the programme was also attended by Lt. Col. Ajit, Major Vikash Kumar Rana, Capt. J. K. Sharma, Capt. Munish and Lt Taranjeet Singh as special guests. Mr.Nima Sherpa

Village Administrator, officials from Culture Department and Army personals and their families also witnessed the programme at Kupup.

The programme was an initiative by NEZCC and cultural troops from five states like Sikkim, Odisha, Nagaland, Punjab and Manipur participated in the programme at the Community Hall Kupup. The chief guest Mr. T.J. Singh presented token of appreciation to all the participating Troupes from the North East States.

National

Ministry of Health & Family Welfare conducts tenth round of National Deworming Day

New Delhi, February 10 (PIB): The Ministry of Health and Family Welfare (MoHFW) conducted the tenth round of National Deworming Day (NDD), today. This will be followed by the mop-up day on February 17, 2020.

As part of this campaign, children and adolescents aged 1-19 years are being administered Albendazole (400 mg) across government, government-aided schools, anganwadis, private schools and other educational institutions.

The NDD is implemented with an objective to reduce the prevalence of Soil Transmitted Helminths (STH), commonly called expected to reach an estimated 30 crore of the target population.

Implemented in collaboration with the Ministry of Women and Child Development and Ministry of Human Resource Development, NDD is a key intervention of Anemia Mukt Bharat. Its success and impact lie in convergence with the Swachh Bharat Mission. NDD presents opportunities to further policy dialogue on health and nutrition as a way of supplementing efforts under POSHAN Abhiyaan.

In preparation for the NDD round today, Anganwadi workers and teachers are trained on community mobilization and administration of deworming tablet. ASHAs, PRI members and youth volunteers engage in the program for community mobilization and awareness about the programme. Deworming through Albendazole is an evidencebased, globally-accepted, effective solution used to control worm infections in all children. However, it can have minor side effects and some children, especially those with high worm infections, might experience nausea, mild abdominal pain, vomiting, diarrhea, and fatigue. Comprehensive adverse event protocols are in place by the Ministry of Health and Family Welfare to safeguard from these occurrences.

Treatment

- Treatment is symptomatic and supportive, based on the patient'sclinical condition.
- No vaccinations available as of now.
- Visit Doctor in case symptoms detected.
- Avoid travel to nCoV affected places.
- Wear a mask if you have respiratory syndrome. and cover your mouth while coughing or sneezing.

If you seek help, you may call -Toll free no. 104 District surveillance Officer EAST : 7029372100 WEST : 9593297809 NORTH : 9641957468 SOUTH : 7407691463 New STNM AMS : 9434711402

the parasitic intestinal worms, among all children and adolescents. Infections with the main STH-roundworm, whipworm and hookworms - contribute to 50.1 lakh disability adjusted lifeyears (DALYs) worldwide (WHO, 2010). One DALY can be thought of as one lost "healthy" year from a life. In India, over 22 crore children under 14 years are at risk of STH infections (WHO, 2017). Launched in 2015, the NDD is the largest public health programme implemented on a single day reaching crores of children and adolescents through two NDD rounds every year.

This year today, 19 states took up activities to reach 9.35 crore of the target population. NDD will be observed in 34 States/ UTs over the next weeks and is

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